



Consulting/ Coaching Client Consent & Info Form

Welcome

I am Andrew J. Bauman, author and licensed mental health therapist in the State of Washington. I run the Christian Counseling Center for Sexual Health & Trauma, you can find out more about us at www.ChristianCC.org.

In my clinical role, I specialize in working with recovering sex and pornography abusers, and supporting spouses and partners to heal intimate partner betrayal & trauma.

In addition to my being a clinical Psychotherapist, I also serve as a therapeutic consultant in helping folks get momentum in their healing journey.

If you are a client new to consulting/coaching, or a current therapy client transitioning from Psychotherapy to consulting, please review the following information, sign and date, and return to me before your first consulting session.

Please do not hesitate to ask questions regarding the following information.

Kindly and in Support,

Andrew J. Bauman
www.ChristianCC.org

www.AndrewJBauman.com



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What is Coaching/Consulting and how is it different from Counseling?

Consultants help the clients they work with focus on identifying and moving towards personal and, at times, professional goals. Through focused support, clients can learn healthy and helpful ways of navigating through challenges in creating a life they feel excited about.

It may be interesting to learn that coaching is rooted in clinical theory, often drawing on the work of Dr. Carl Rogers, Dr. Alfred Adler, and Dr. Carl Jung.

Rogers, Adler and Jung saw individuals as fully capable artists of their lives, and frequently involved their clients in setting goals and life planning. These are all tenets and approaches in today's life coaching methods.

Coaching/Consulting takes the best of those approaches, along with a new type of assistance for clients, such as:

- Working with the client to help them define their purpose
- Formulating a plan that will foster and grow the client's skills and talents
- Helping the client navigate difficult challenges
- Teaching tools and providing materials to assist the client
- Helping the client with focus and achieve healing and hope
- Providing structure, encouragement and support
- Providing intentional and empathetic listening



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Is a Coach/Consultant the same as a Therapist?

Experienced coaches/consultants have similar qualities to counselors, in that coaches listen, observe, encourage and customize their approach to individual client needs.

However, there are differences between coaches and therapists. For example, a coach partners up with the people they work with to help the client improve and enhance the quality of their lives in helping the client move forward.

A therapist works with and counsels a client dealing with emotional challenges, mental illness, trauma, grief and loss, and relationship issues. A therapist often draws on the client's past history in order to help the client heal. In Coaching/Consulting there is some of that but much less.

Additionally, a coach works actively with the client in order to create solutions and strategies; they believe the client is naturally creative and resourceful. Oftentimes, the coach's role is to provide support so that the client can further develop their inherent skills, confidence and creativity.

As a consultant/coach I support clients via phone session in order to help the client create their best personal and professional life.

Through specific strategies and skills, the coach helps you define your goals and create the life you envision. Coaches help you focus, provide direction, compassionately challenge you, motivate you and celebrate with you.

What happens if I need a Therapist vs. a Consultant/Coach?

www.AndrewJBauman.com



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If after our first session, or at some point during our work together, it is apparent that you would be better supported by Psychotherapy, and you are not located in Washington (the State I am licensed in), I will do my best to provide you with clinical referrals in your area, and will refer you out to a therapist.

In my consulting/ coaching role, it is important to understand that while I may draw on particular aspects from both disciplines from time-to-time, such as intentional listening, affirming, encouraging, reflecting, and supporting with empathy, consulting is not that same as psychotherapy. Though I am a licensed Therapist, and though Consulting/Coaching has aspects that are similar to counseling, should we work together, it is important for you to understand that my role and work as a Consult/Coach is separate from my role as a Psychotherapist

If you would like to schedule a Consulting/Coaching call you are welcome to schedule a session with my assistant at Info@christianCC.org.

Please read the following information and initial, sign and date the signature page (last page), and return all pages to me before your first phone session.

Please ask any questions you have prior to signing:

I understand that Andrew J. Bauman will be providing me with Consulting/ Coaching support and not Clinical Psychotherapy. Initial Here _____

I understand that Andrew J. Bauman will not be acting as my Psychotherapist, nor will she be working with me as a licensed therapist.
Initial Here _____



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I understand that Andrew J. Bauman does not provide clinical psychotherapy services outside of the state of Washington where he is licensed. Initial Here _____

I understand that Andrew J. Bauman, may refer me out to therapy if he believes I would be better supported by a different mode of counseling service, or different level of clinical support. Initial Here _____

I understand that email, texting and phone cannot be guaranteed as confidential, and by contacting, sending or receiving forms or information via phone or Internet is done at my discretion and I will assume the risk involved. Initial Here _____

I understand that while I will be working with Andrew J. Bauman as a Consultant/ Coach, because of the license that he holds, Andrew J. Bauman is a mandated to report the following:

1. Suicidal Ideation or threats to harm oneself
2. Homicidal Ideation or threats to harm someone else
3. Child abuse (sexual, physical, emotional, verbal or neglect)
4. Elder abuse (sexual, financial, physical, emotional, verbal or neglect)
5. Dependent Person abuse (sexual, financial, physical, emotional, verbal or neglect)
6. Downloading or distributing, or filming, texting or sharing child pornography, sex with minors (a minor is a child under the age of 18)

I understand that Andrew J. Bauman provides consulting/coaching sessions via phone and it is my responsibility to keep track of my sessions and if I need to cancel I will do so within 24 hours or I will owe the entire session fee. Initial Here: _____



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I agree to the consulting/ coaching session fee of \$120 per 45-minute phone session, and understand that the fee is due and payable online the day of my session. Initial Here: _____

I agree to honor my sessions and understand that the cancellation policy is 24 hours in advance of my session or the full fee is due. Initial Here _____

I agree to honor contact boundaries out of my consulting/ coaching sessions, and will not abuse email, texting or calling outside of our work, unless it has been scheduled, as the relationship is professional in nature. Initial Here _____

I agree to assume any risk and liability as the result of my consulting/ coaching work with Andrew J. Bauman and my signature below confirms that I am working with him at my own request, and that I clearly understand the difference between consulting/ coaching and Psychotherapy services. Initial Here _____

I understand that I am free to terminate consulting/coaching services at any time, or request a transition to Psychotherapy, or a referral to a Psychotherapist. I understand Andrew J. Bauman is a mandated reporter. Initial Here _____

I understand my choices as the result of working with Andrew J. Bauman, and the consequences of my choices, positive or negative, are mine alone, and that I will not legally hold Andrew J. Bauman is personally or professionally responsible for my outcomes and choices, nor will I hold Christian Counseling Center: For Sexual Health & Trauma, or any other person, organization, structure, assets, or affiliates associated personally or professionally with Andrew J. Bauman is legally or financially liable for the results of my work.

I understand and consent to consulting/ coaching services:

www.AndrewJBauman.com



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Name (print): _____

Signature: _____ Date: ____/____/____